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My Book Of Brave A

"My Book of Brave" is a unique journal that aims to help anxious children identify their fears and take control of them. Each

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page of this book provides space to write down a situation from their day and record it in a way that feel most comfortable, whether that be through coloring, writing, drawing or all three.

My Book of Brave: A Journal for Taking

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My Book of Brave: A Journal for Taking Control of Scary Feelings and Fears. A journal I created to help children dealing with anxiety in their daily life. A #1 New Release and #1 Best Seller online in its respective categories - Children's Diary Books & Self Help (Inner Child). My

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Brave: How I rebuilt my life after love
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There are some gems in this book although
there is a bit too much recipe type
solutions for my liking (hence 4 rather 5
stars). Many of her readers want simple to
follow actions to implement the ideas; my

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view is that courage in leadership is a
mindset rather than a list of actions/
behaviours.

Dare to Lead: Brave Work. Tough
Conversations. Whole ...

BRAVE is her raw, honest, and poignant

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concept of fame, shine a light on a
multibillion-dollar business built on

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First, I need to say this is one of the most poorly written books I have read in a long time and that, perhaps, has something to do with my reaction to it. If you're picking up "Brave" for help in your own journey towards emancipation from a male,

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primarily-white, society holding you back
as a woman, I advise you to look
elsewhere or flip to the back of the book
and read the last few pages.

Brave by Rose McGowan - Meet your
next favorite book

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I write about my experience of mental

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illness often, most recently in my book
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brave, it grates. Yet every time I'm told I
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