

## Better By Mistake The Unexpected Benefits Of Being Wrong Alina Tugend

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BETTER BY MISTAKE is a wise, compassionate, and thoroughly enlightening guide to human imperfection. With empathy and brilliance Tugend explores the many ways that mistakes can serve as opportunities for, rather than obstructions to, growth and success. Tugend never simply laments mistake-making.

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"Better by Mistake" won't prevent you from goofy gaffes or spectacular snafus, but it will make it easier to learn from your lapses and put things into perspective.

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My book, *Better by Mistake: The Unexpected Benefits of Being Wrong*, examines why this is so necessary - and so difficult. I wrote it, as I say in the book "to explore the tension between the fact we're taught when young that we learn from mistakes, but the reality is that most of us hate and dread them."

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Award-winning New York Times columnist and author of the book *Better by Mistake: The Unexpected Benefits of Being Wrong*. Known for tackling complex and difficult subjects, and for making them simple - but not simplistic - for readers and listeners.

~~Alina Tugend — Writer~~

*Better by Mistake: The Unexpected Benefits of Being Wrong* Alina Tugend. Riverhead, \$25.95 (304p) ISBN

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